



*Enjoy the peaceful autumn at Fontebona in green Asturias, northwestern Spain. Follow Thomas and Astrid along for a week in and around our little paradise.*

*It's ten years now that we enjoy our life in green Asturias. We like to share the knowledge we acquired so far about this Principality. We learned a lot about nature, culture, geology, history and much more about this beautiful part of Spain. We will go somewhere else every day and tell our guests what we know. Above all we hope to accomplish a knowledge exchange, so it's not us doing the talking all the time, but hopefully also our guests share their knowledge and experiences with the group.*

### **Programme**

Day 1, Saturday 7th of October 2017, arrival, acclimatize at Fontebona

Day 2, Sunday 8th of October 2017, donkey hike in surroundings of Fontebona (6km)

Day 3, Monday 9th of October 2017, mountain hike in the Sueve massif (8km, 500m mainly down hill), searching for fossils on the beach

Day 4, Tuesday 10th of October 2017, searching for mushrooms and other edible food in the surroundings of Fontebona (6km)

Day 5, Wednesday 11th of October 2017, mountain hike in the national park Picos de Europa (14km, 500m up hill and down hill)

Day 6, Thursday 12th of October 2017, nature and culture in Gijón (botanical garden, museum)

Day 7, Friday 13th of October 2017, bird spotting hike in the surroundings of Fontebona (13,2km, 650m up hill and down hill)

Day 8, Saturday 14th of October 2017, leaving Fontebona

Programme takes place with minimally 4 and maximally 11 persons, € 500.- per person.

**Including** transfer from/to the airport Loiu near Bilbao to Fontebona, breakfast, simple evening meal, stay at Fontebona in your own brought tent, entrance fees, daily transport

**Excluding** lunch (which is the main meal in Spain, day menu usually is less than € 15.-), journey from your place to Bilbao vv, extra food and drink at Fontebona, alternative stay outside Fontebona, travel insurance

The week is constructed around Brussels Airport as a starting point:

**Arrival** Saturday 7th of October 2017. 11:50 Brussels (BRU) - 13:40 Bilbao (BIO) Brussels Airlines SN3713

**Departure** Saturday 14th of October 2017. 14:20 Bilbao (BIO) - 16:10 Brussels (BRU) Brussels Airlines SN3714

More information about the October programme: <http://fontebona.es/oktober2017/>

Questions? Please contact Astrid and Thomas:

<http://www.fontebona.es/en/contacto.php> or mobile (+34)722217451